



# THE HOLDING HEART INTUITIVE HEART SESSIONS



## INTUITIVE HEART SESSIONS

READINGS CHANNELING ENERGY HEALING

Sessions are customized to each individual's inquiry, request and energy presentation.

In general, shorter 30-minute sessions allow for a primary inquiry of interest to be addressed in a reading, while longer sessions can address more issues and go deeper into energy healing.

I am grateful for the opportunity to assist you in opening your heart, empowering you to live with greater health, happiness and well-being. Contact me to book a session.

*-Deborah*

## DR. DEBORAH RUTT PHD, LCSW

Individual, Relationship Therapy & Life Coaching LLC  
ThetaHealing® Energy Practitioner  
HeartMath® Practitioner  
IFS Internalized Family Systems Practitioner  
CDFW Certified Daring Way™ Facilitator  
of Brené Brown's work.

To learn more or to book an Intuitive Heart session:

[info@theholdingheart.com](mailto:info@theholdingheart.com)

Email

720-515-3522

Phone / Text



Testimonials

[www.theholdingheart.com/intuitive-heart-sessions](http://www.theholdingheart.com/intuitive-heart-sessions)

## !!! MANIFESTING MOMENTS !!!! SATURDAY MORNINGS !!! Oct. 21, 28 - Nov. 4, 18 - Dec. 2, 16 at CIRCLE OF HEALTH

**Clear obstacles to help you manifest your desires! Here's how it works:  
Sign up for a 15-min session with Deborah. Bring ONE thing you wish to manifest  
in your life. Receive energy clearing and manifestation plan going forward.  
Then watch what happens!**

CONTACT and sign up: <https://www.theholdingheart.com/contact>  
Select your date / time slot. Pay \$45 fee to hold your spot. Confirmation sent to email.



"Start from the heart, the rest will follow." ~DEBORAH